

SCHOOL OF SOCIAL WORK (ESTS)

MASTER IN SOCIAL WORK

Concentrations :

Family and Socio-educational Counseling
Engineering of Social Development

Main Language of Instruction:

French English Arabic

Campus Where the Program Is Offered: CSH

OBJECTIVES

The Master in Social Work aims to build professionals' global vision of the development of individuals, families, communities and society. It includes a research component that forms a common core and a professional component based on students' concentrations: either Family and Socio-educational Counseling (FSEC) or Engineering of Social Development (ESD).

The "research" dimension enables students to develop knowledge on a specific domain or field of study. This specialization is underpinned by a rigorous methodological approach (qualitative and/or quantitative), and prepares students for PhD studies.

Specific Objectives for the Family and Socio-educational Counseling Concentration:

- Accompany real-life projects that address relational, social, professional and educational challenges based on preventive and/or re-educational approaches.
- Activate supportive networks and resources for individuals, groups, and families.
- Assess overall adaptation of individuals, couples, and families to their environments and circumstances.
- Manage conflicts within familial relationships, including marital and intergenerational issues through, parental guidance, counseling or mediation.
- Strengthen communication skills and restore individual and group balance within their environment.
- Active support networks for individuals, groups, and families.
- Manage family support services and programs from an interdisciplinary perspective.

Specific Objectives for the Engineering of Social Development Concentration:

- Contribute to the organizational development of social enterprises and specialized services.
- Design comprehensive development strategies integrating social, sociocultural, sociopolitical, socioeconomic, and ecological dimensions.
- Defend and promote the rights of minority groups, young people, vulnerable groups, etc.
- Involve local communities in decision-making and in development projects.
- Mobilize, train and manage volunteers in promoting civic engagement.
- Establish networking systems and partnerships for development.
- Plan, manage and evaluate community development actions, projects, programs, or events on national and regional scales.

PROGRAM LEARNING OUTCOMES (COMPETENCIES)

- Contribute to the advancement of social work based on a in-depth and contextualized understanding of issues and practices.
- Engage in ongoing and continuous professional development.
- Manage programs, services and teams in organizations with a social or societal mission.

Specific Learning Outcomes (Competencies) for the Family and Socio-educational Counseling Concentration:

- Conduct specialized interventions with families experiencing complex situations such as crises, domestic violence, marital and family conflicts, etc.
- Implement a guidance counseling process to support individuals and groups experiencing life transitions or adaptation challenges.

- Implement a psychosocial counseling process with individuals and groups facing personal fragilities and vulnerabilities.

Specific Learning Outcomes (Competencies) for the Engineering of Social Development Concentration:

- Design development projects and technical and financial proposals in accordance with the principles of international cooperation.
- Implement emergency and post-crisis interventions, programs, and services to combat inequality, precariousness, and all forms of social vulnerability.
- Develop or support the establishment of a social enterprise.

ADMISSION REQUIREMENTS

Prerequisites: Bachelor's degree

Application Review

COURSES/CREDITS GRANTED BY EQUIVALENCE

Based on application review.

PROGRAM REQUIREMENTS

120 Credits: Required Courses (105 credits), Institution's Elective Courses (11 credits) Open Elective Courses (4 credits).

Required Courses – Common Core (27 Cr.)

Analysis of Social Policies (2 Cr.). Engineering of the Evaluation of Programs and Interventions (3 Cr.). Global and Integrated Approaches to Social Phenomena and Problems (2 Cr.). Management and Quality Assurance (3 Cr.). Qualitative Research in Social Work (4 Cr.). Quantitative Research in Social Work (4 Cr.). Research Internship I (2 Cr.). Research Internship II (2 Cr.). Foundations of Social Work in Light of Global Change and Emerging Practices (2 Cr.). Competency Engineering and Management (3 Cr.).

Required Courses – Concentration: Family and Socio-educational Counseling (78 Cr.)

Career Counseling and Retirement Planning (3 Cr.). Family Law in Lebanon (2 Cr.). Internship in FSEC (8 Cr.). Introduction to Family and Socio-Educational Counseling (2 Cr.). Marital and Family Mediation (4 Cr.). Psychological Understanding of Social Realities (2 Cr.). Practical Workshops in Group Counseling (2 Cr.). Practical Workshops in Individual Counseling (2 Cr.). Psychology of Couples and Families (4 Cr.). Theories and Approaches in Group Counseling (2 Cr.). Theories and Approaches in Individual Counseling (2 Cr.). Seminar: Personal Development and Counseling Tools (4 Cr.). Parental Education and Guidance (Positive Parenting) (4 Cr.). Practical Workshops in Couple and Family Counseling (2 Cr.). School Career Counseling (3 Cr.). Specialized Project in FSEC (2 Cr.). Master's Research Thesis I (15 Cr.). Master's Research Thesis II (15 Cr.).

Required Courses – Concentration: Engineering of Social Development (78 Cr.)

Community Engagement Standards and Approaches (2 Cr.). Development of Social Enterprise and Social Enterprise Model (6 Cr.). Digital and International Dimensions in Social Enterprise (3 Cr.). Fundraising in the Lens of Corporate Social Responsibility and Philanthropy (2 Cr.). Internship in ESD (8 Cr.). Introduction to Crises, Humanitarian Spaces, and Forms of Cooperation and Solidarity (2 Cr.). Introduction to Engineering of Social Development (2 Cr.). Legal Aspects of Social Enterprises and Impact Management (3 Cr.). Partnership Strategies and Project Financing Management (4 Cr.). Planning and Management of Emergency and Post-Crisis Projects (4 Cr.). Seminar: Social Planning and Community Service Development (4 Cr.). Specialized Project in ESD (2 Cr.). Strategic Planning, Innovation, and Change Management (4 Cr.). The Role of the Social Entrepreneur (2 Cr.). Master's Research Thesis I (15 Cr.). Master's Research Thesis II (15 Cr.).

Institution's Elective Courses (11 Cr.), to be chosen from the list below:

Epistemology of Human Sciences (3 Cr.) Philosophy and the Human Sciences: An Epistemological Approach (3 Cr.). Seminar: Gender, Violence and Abuse: Constructivist Approaches (4 Cr.). Seminar: Mental Health and Psychosocial Support (MHPSS) (4 Cr.). Seminar: Monitoring, Evaluation, Accountability, and Learning (4 Cr.). Team and Risk

Management in Crisis Situations (4 Cr.).

Open Elective Courses (4 Cr.)

SUGGESTED STUDY PLAN

Semester 1

Code	Course Name	Credits
Required Courses – Common Core		
015ADPSM1	Analysis of Social Policies	2
015FETSM1	Foundations of Social Work in Light of Global Change and Emerging Practices	2
015AGPSM1	Global and Integrated Approaches to Social Phenomena and Problems	2
015MFOGM1	Management and Quality Assurance	3
015RQTS1M1	Qualitative Research in Social Work	4
015SR1PM1	Research Internship I	2
011PHEPM1 or 045PSHEM3	Insitution's Elective Course Epistemology of Human Sciences or Philosophy and the Human Sciences: An Epistemological Approach	3
Required Courses – Concentration: Family and Socio-educational Counseling		
015ICFSM1	Introduction to Family and Socio-Educational Counseling	2
015LPRSM1	Psychological Understanding of Social Realities	2
015PSYCM1	Psychology of Couples and Families	4
015TAGRM1	Theories and Approaches in Group Counseling	2
015TACIM1	Theories and Approaches in Individual Counseling	2
	Total	30
Required Courses – Concentration: Engineering of Social Development		
015ICHSM1	Introduction to Crises, Humanitarian Spaces, and Forms of Cooperation and Solidarity	2
015IIDSM1	Introduction to Engineering of Social Development	2
015PSDCM1	Seminar: Social Planning and Community Service Development	4
015PSICM1	Strategic Planning, Innovation, and Change Management	4
	Total	30

Semester 2

Code	Course Name	Credits
Required Courses – Common Core		
015IFGCM2	Competency Engineering and Management	3
015IEPIM2	Engineering of the Evaluation of Programs and Interventions	3
015RQTSM2	Quantitative Research in Social Work	4
015STR2M2	Research Internship II	2
015S1VMM2 or 015S3SMM2	Seminar: Gender, Violence and Abuse: Constructivist Approaches or Seminar: Mental Health and Psychosocial Support (MHPSS)	4

015MEAOM3 or 015GERIM3	Seminar: Monitoring, Evaluation, Accountability, and Learning or Team and Risk Management in Crisis Situations	4
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Required Courses – Concentration: Family and Socio-educational Counseling

015DFLIM2	Family Law in Lebanon	2
015APCGM2	Practical Workshops in Group Counseling	2
015APCIM2	Practical Workshops in Individual Counseling	2
015S2DPM2	Seminar: Personal Development and Counseling Tools	4
	Total	30

Required Courses – Concentration: Engineering of Social Development

015DMESM2	Development of Social Enterprise and Social Enterprise Model	6
015ROESM2	The Role of the Social Entrepreneur	2
015MSMSM2	Fundraising in the Lens of Corporate Social Responsibility and Philanthropy	2
	Total	30

Semester 3

Code	Course Name	Credits
Required Courses – Concentration: Family and Socio-educational Counseling		
015CCPRM3	Career Counseling and Retirement Planning	3
015MCFAM3	Marital and Family Mediation	4
015EDGPM3	Parental Education and Guidance (Positive Parenting)	4
015ACCFM3	Practical Workshops in Couple and Family Counseling	2
015OPSCM3	School Career Counseling	3
015PSCFM3	Specialized Project in FSEC	2
015STGCM3	Internship in FSEC	8
	Open Elective Course	4
	Total	30

Required Courses – Concentration: Engineering of Social Development

015MSMSM3	Community Engagement Standards and Approaches	2
015DNITM3	Digital and International Dimensions in Social Enterprise	3
015AJGIM3	Legal Aspects of Social Enterprises and Impact Management	3
015SPGFM3	Partnership Strategies and Project Financing Management	4
015MPPCM3	Planning and Management of Emergency and Post-Crisis Projects	4
015PIDSM3	Specialized Project in ESD	2
015STGIM3	Internship in ESD	8
	Open Elective Course	4
	Total	30

Semester 4

Code	Course Name	Credits
Required Courses – Concentration: Family and Socio-educational Counseling		
Required Courses – Concentration: Engineering of Social Development		

015MEM1M4	Master's Research Thesis I	15
015MEM2M4	Master's Research Thesis II	15
	Total	30

COURSE DESCRIPTION

015ADPSM1	Analysis of Social Policies	2 Cr.
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This course invites students to refer to social policies as the “legitimate” framework for the social worker’s intervention, guiding their actions to align with the law and applicable enforcement mechanisms. Additionally, it empowers them to critically examine social policies, questioning them and proposing amendments in favor of the concerned populations.

015CCPRM3	Career Counseling and Retirement Planning	3 Cr.
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This course enables FSEC students to support individuals facing difficulties in professional adaptation, allowing them to achieve a successful integration or reintegration process, while considering various career obstacles and timelines.

015MSMSM3	Community Engagement Standards and Approaches	2 Cr.
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This course provides students with the principles and guidelines for strengthening community involvement and sustainable social development in line with international Community Engagement Standards.

015IFGCM2	Competency Engineering and Management	3 Cr.
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This course allows master’s students to develop program engineering skills in a competency-based approach and to enhance individual and collective capacity building, for the purpose of human, institutional and social development. It helps them broaden their perspective and vision on training, to contribute to the formulation of training policies in their practice environments.

015DMESM2	Development of Social Enterprise and SE Model	6 Cr.
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This course is part of the ESD social entrepreneurship training program. It enables students to master the different economic models of social enterprises, and to identify financial mechanisms and investment opportunities.

015DNITM3	Digital and International Dimensions in Social Enterprise	3 Cr.
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This course is part of the ESD social entrepreneurship training program. It enables students to grasp the impact of the digital (e-commerce) and international (export) dimensions on business models.

015IEPIM2	Engineering of the Evaluation of Programs and Interventions	3 Cr.
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This course aims to promote a best-practice-oriented thinking in social work. It empowers students to strengthen the evaluability of programs/projects and interventions, and to design appropriate evaluation strategies.

011PHEPM1	Epistemology of Human Sciences	3 Cr.
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Approaching the human sciences from a global and distinctly philosophical perspective involves a process that first seeks to explore the foundations and then critically examines them.

015DFLIM2	Family Law in Lebanon	2 Cr.
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This course explores family law in its complexity, more specifically, personal status as governed by the different religious communities in Lebanon.

It also addresses the legal dimensions and financial aspects related to divorce and separation situations, including custody, alimony and property division.

015MSMSM2	Fundraising in the Lens of Corporate Social Responsibility and Philanthropy	2 Cr.
This course provides students with the principles and guidelines for implementing fundraising actions based on corporate social responsibility and philanthropy.		
015FETSM1	Foundations of Social Work in Light of Global Change and Emerging Practices	2 Cr.
This course focuses on enhancing students' awareness of the meaning behind their actions in social work, their purpose, and the inherent challenges involved. Personal and professional positioning is therefore reflected upon and discussed.		
015AGPSM1	Global and Integrated Approaches to Social Phenomena and Problems	2 Cr.
This course offers a global, and integrated analytical framework for understanding social issues and societal phenomena. It helps students understand the inherent complexity of any problem, concern or phenomenon involving the social worker. It emphasizes the need for complementary interventions and actions at different levels – individual, familial, community, and societal – to appropriately respond and effectively address the complexity of situations and promote real development and change.		
015STGIM3	Internship in ESD	8 Cr.
This internship aims to confirm a professional skill (project development, evaluation, training engineering, strategic planning, social marketing plan, etc.) in a field of interest chosen by the student (health, education, citizenship, volunteering, etc.). It involves implementing an innovative project with socio-economic, sociocultural, or sociopolitical aims, enabling the student to demonstrate professional autonomy, organizational behavior, and ethics, regardless of the nature of the undertaken action. Successful completion of the internship requires evidence of confirmed practice in at least one competency related to the chosen specialization.		
015STGCM3	Internship in FSEC	8 Cr.
This course focuses on an innovative socio-educational or family counseling intervention. Students are expected to demonstrate professional autonomy, organizational behavior, and ethics whatever the nature of the action undertaken. Successful completion of the internship requires evidence of confirmed practice in at least one competency related to the chosen specialization.		
015ICHSM1	Introduction to Crises, Humanitarian Spaces, and Forms of Cooperation and Solidarity	2 Cr.
<p>This course allows ESD students to:</p> <p>Understand humanitarian crises of any nature from an interdisciplinary perspective, focusing on their impact and their consequences on vulnerable populations</p> <p>Analyze the humanitarian ecosystem and define the sectors and stakeholders involved</p> <p>Approach international cooperation as an interactive intercultural dynamic, a partnership in which humanitarian action takes shape.</p>		
015ICFSM1	Introduction to Family and Socio-Educational Counseling	2 Cr.
This course enables students to deepen their FSEC exit profile in terms of key competencies, foundations and theoretical approaches in counseling.		
015IIDS1	Introduction to Engineering of Social Development	2 Cr.
This course enables students to deepen their ESD exit profile in terms of key competencies, foundations and theoretical approaches of social and societal development.		
015AJGIM2	Legal Aspects of Social Enterprises and Impact Management	3 Cr.
This course is part of the ESD social entrepreneurship training program. It enables students to develop an understanding of the legal aspects related to social enterprises and initiatives, as well as the principles of managing their social impact in line with the Sustainable Development Goals (SDGs).		

015MFOGM1 Management and Quality Assurance 3 Cr.

This course consists of looking at the governance of NGOs from a quality assurance perspective, in relation to the nature of social services, programs and projects.

015MCFAM3 Marital and Family Mediation 4 Cr.

This course presents family mediation as an appropriate intervention model in situations of conflict and/or divorce, with an emphasis on the key actors and dynamics involved in this method of conflict resolution. It also explores the psychological and relational processes experienced during the transition phase of separation or divorce. Particular attention is given to the role of the mediator, the methodological process, the techniques to be implemented, and the specific professional posture required in mediation practice.

015MEM1M4 Master's Research Thesis I 15 Cr.

The Master's research thesis is a written document that demonstrates the student's mastery of an initiated research process. It allows the deepening of a domain/field related to a specific area of interest. This part constitutes the development phase of the research process, underpinned by an analytical framework and a rigorous methodological approach.

015MEM2M4 Master's Research Thesis II 15 Cr.

The Master's research thesis is a written document that demonstrates the student's mastery of an initiated research process. It enables the researcher to delve deeper into a field related to their area of interest. This part of the thesis reflects the young researcher's ability to process, analyze and conceptualize the data collected in relation to their research problem. It concludes with an oral defense of the entire process.

A collective brainstorming seminar enables student-researchers to discuss the problems encountered throughout the research process.

015EDGPM3 Parental Education and Guidance (Positive Parenting) 4 Cr.

Based on the cognitive-behavioral approach and learning theories, this course aims to educate parents on positive parenting practices and to support them in carrying out these practices, particularly when facing challenging situations encountered by children and youth. To achieve this, students are trained to use a variety of pedagogical tools.

015SPGFM3 Partnership Strategies and Project Financing Management 4 Cr.

This course enables ESD students to understand partnerships where humanitarian action is carried out, seek funding, and to manage it according to standards of effectiveness and quality.

045PSHEM3 Philosophy and the Human Sciences: An Epistemological Approach 3 Cr.

This course aims to introduce students to:

- The relationship between philosophy and anthropology.
- The possibility of linking the various tools and methods of the human sciences. (Epistemological approach).
- The mutual contributions between philosophy and the human sciences.

015MPPCM3 Planning and Management of Emergency and Post-Crisis Projects 4 Cr.

This course enables ESD students to develop emergency responses and post-crisis development projects within a framework of solidarity, partnership, and international cooperation.

015ACCFM3 Practical Workshops in Couple and Family Counseling 2 Cr.

This course provides a conceptual basis for marital and family dynamics. It consolidates students' ability to conduct couple and family interviews, making informed, targeted use of appropriate techniques.

015APCGM2	Practical Workshops in Group Counseling	2 Cr.
This course builds upon the “Theories and Approaches in Group Counseling” course to further develop students’ ability to lead group counseling sessions. It aims to equip them with the skills to transform group settings, where participants share a common or similar reality, into spaces that foster the emergence of strengths and the exploration of solutions for addressing and navigating difficult situations.		
015APCIM2	Practical Workshops in Individual Counseling	2 Cr.
This course builds upon the “Theories and Approaches in Individual Counseling” course to consolidate students’ ability to conduct individual counseling interviews through the informed and purposeful use of appropriate techniques. It prepares them to transform the counseling interview into a space that fosters the emergence of strengths and the exploration of solutions to address problems and navigate difficult situations.		
015LPRSM1	Psychological Understanding of Social Realities	2 Cr.
This course deepens students’ understanding of the theories and concepts underlying key dimensions of psychological and mental health. It supports the informed analysis of human development and behavior across the different stages of life, with particular attention to identifying dysfunctions and potential risks. Primarily grounded in case studies, the course facilitates the integration and application of theoretical knowledge to real-life situations.		
015PSYCM1	Psychology of Couples and Families	4 Cr.
This course enables students to analyze the dynamics of the family and couple systems, which serve as essential frameworks for family intervention and mediation.		
015RQTS1M1	Qualitative Research in Social Work	4 Cr.
This course covers the qualitative research and its use in social work topics. It helps students develop research questions suited for qualitative studies and guides them through the research process, ensuring they meet the necessary requirements at each stage.		
015RQTS2M1	Quantitative Research in Social Work	4 Cr.
This course empowers students to plan and implement a quantitative research process, including hypothesis development, operationalization of concepts, development of the questionnaire as the primary data collection tool, statistical analysis, and presentation of results. This course adopts a project-based approach involving the class group and articulating all learning activities.		
015SR1PM1	Research Internship I	2 Cr.
It’s an immersion period for students in ongoing research projects (research laboratory, research chair, ongoing theses) aimed at practicing various methodological steps. This period spans two academic terms allowing students to integrate the knowledge gained from theoretical research courses.		
015STR2M2	Research Internship II	2 Cr.
In continuation of Research Internship I, these two credits further enhance students’ immersion in ongoing research projects, allowing them to practice various methodological steps. Spanning two academic terms, this course allows students to integrate the knowledge gained from theoretical research courses.		
015OPSCM3	School Career Counseling	3 Cr.
This course develops an understanding of the guidance function in supporting life transition phases based on theoretical foundations and preferred approaches. It empowers students to design a school career guidance plan, establishing individual and group-level support for students within school environments.		

015S1VMM2	Seminar: Gender, Violence and Abuse: Constructivist Approaches	4 Cr.
This course deepens students' knowledge and strengthens their intervention competencies with families facing a range of challenges, including domestic violence, abuse, multidimensional precarity, and intercultural dynamics. It emphasizes the use of best-practice references and their application in professional contexts.		
015S3SMM2	Seminar: Mental Health and Psychosocial Support (MHPSS)	4 Cr.
This course delves into advanced knowledge and reinforces intervention competencies for effectively supporting individuals facing physical or mental health challenges (such as disability or substance abuse), social adjustment difficulties (including suicidal tendencies), and developmental crises related to life transitions (such as identity crisis or aging). Students will learn assessment techniques, intervention strategies, and ways to promote well-being in diverse contexts.		
015MEAOM2	Seminar: Monitoring, Evaluation, Accountability, and Learning	4 Cr.
This course enables ESD students to ensure project and program progress and success through the implementation of an effective Monitoring, Evaluation, Accountability, and Learning (MEAL) system. As part of the daily program management, MEAL tracks project progress to ensure their success.		
015S2DPM2	Seminar: Personal Development and Counseling Tools	4 Cr.
This course enables counseling students to consolidate and deepen their self-awareness in relation to their personal, relational, and professional capacities, as part of the development of their professional identity. It also introduces them to cognitive-behavioral and psychosocial assessment tools, to be used according to the specific needs of individuals or groups.		
015PSDCM1	Seminar: Social Planning and Community Service Development	4 Cr.
This course enables ESD students to implement a community development process involving planning, designing, and managing social infrastructure comprehensively within a clearly defined territorial or municipal framework. It focuses on a holistic and integrated vision of development, aligned with the Sustainable Development Goals (SDGs).		
015PIDSM3	Specialized Project in ESD	2 Cr.
This course enables ESD students to develop their internship project within a global vision of the issues to be addressed, and in complementarity with the research thesis project.		
015PSCFM3	Specialized Project in FSEC	2 Cr.
This course enables FSEC students to develop their internship project within a global vision of the issues to be addressed, and in complementarity with the research thesis project.		
015PSICM1	Strategic Planning, Innovation, and Change Management	4 Cr.
This course enables ESD students to develop a vision and a strategic approach to management and development projects. Part 1 covers the strategic planning process, including strategic analysis. Part 2 equips students with the methods and techniques to bring required change at a community or organizational level under optimal conditions for success. Two complementary approaches are recommended: Social innovation, which involves developing creative responses to new or poorly met social needs within current social contexts and policies. Reengineering, which is the radical redesign of processes in order to achieve significant improvements in performance.		
015GERIM2	Team and Risk Management in Crisis Situations	4 Cr.
This course enables ESD students to support teams in a manner that directs efforts towards transformation objectives and creativity.		

015TAGRM1 Theories and Approaches in Group Counseling 2 Cr.

This course provides a theoretical and conceptual basis for group counseling practices. It consolidates students' capability to conduct group counseling sessions, making informed and targeted use of appropriate principles and techniques.

015TACIM1 Theories and Approaches in Individual Counseling 2 Cr.

This course provides a theoretical and conceptual foundation for individual counseling practices. It enables students to understand and analyze concepts and approaches of individual counseling from a socio-educational perspective.

015ROESM3 The Role of the Social Entrepreneur 2 Cr.

This course is part of the social entrepreneurship training in ESD. It enables students to position the social entrepreneur within their partnership ecosystem and to develop collaborations and support networks.